

RaaShaun “DJ Envy” and Gia Casey REAL LIFE, REAL FAMILY

A Guide to Raising Empowered Children

Narrated by Gia Casey and RaaShaun “DJ Envy” Casey

In *Real Life, Real Family*—the highly anticipated follow-up to the national bestseller *Real Life, Real Love*—the hosts of the podcast *The Casey Crew* share hard-won lessons from more than two decades of parenting.

The Caseys are not just raising good kids; they are raising good people. Parents to six children, Gia and RaaShaun are inundated with questions from people all around the world, wondering how they create and maintain the patience, focus, and time to raise happy, well-mannered, and successful children. In *Real Life, Real Family*, they explain how they’ve created a family unit that’s filled with unwavering love and share with readers how to raise children who are resilient to stress. The biggest compliment they receive is when other parents note their children’s discipline, as well as their thoughtfulness, compassion, and selflessness.

Real Life, Real Family is filled with experiences from two parents who have seen and experienced it all with children of all ages—from three to twenty-three—and who are still actively parenting in real time. Whether you’re a parent who is partnered or single, have one child or many, you will walk away with the tools to create a family unit filled with purpose, intention, and love. No topic is off-limits—the Caseys are candid about their triumphs and struggles. If you are a parent with children who have anxiety or high stress, or are disobedient, this book will help you better understand those issues so you can relate to your child and effect change.

Audio includes an exclusive interview with the Casey children!

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AUDIO

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