

Rachel Simmons THE CURSE OF THE GOOD GIRL

RAISING AUTHENTIC GIRLS WITH COURAGE AND CONFIDENCE

Narrated by Christina Moore

Rachel Simmons is a *New York Times* best-selling author and the founding director of the Girls' Leadership Institute. In *The Curse of the Good Girl*, Simmons looks at the phenomenon of the glass ceiling placed on girls who attempt to live up to the standard of being "good."

Everyone knows what it means to be a Good Girl: nice, polite, modest to a fault. The problem is that this model sets girls up to fail and inhibits their growth. And the pressure of being a Good Girl is relentless, coming from parents, peers, teachers and coaches. With numerous examples and real-life stories, Simmons demonstrates how one should break the Good Girl mold and help girls build self-esteem and pursue their goals.

Simmons' work is a must-read for all parents trying to raise happy, healthy daughters. Narrator Christina Moore guides listeners through the author's indispensable advice.



Narrator Christina Moore has appeared Off-Broadway and in regional theaters. For many years, she was in the resident acting company of the Arena Stage in Washington, D.C. Moore has narrated more than one hundred Recorded Books audiobooks. Critics consistently praise her ability to convey a book's distinctive emotional tone. *AudioFile* raves, "Master storyteller Christina Moore gives voice to every emotion and to each character."

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Unabridged Running Time: 8 hours

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Rachel Simmons
THE CURSE
OF THE GOOD GIRL
Narrated by Christina Moore

Unabridged



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