

AMERICA ANONYMOUS

BENOIT DENIZET-LEWIS

READ BY DAVID DRUMMOND

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"This unforgettable book is far more than a compilation of irresistible, artfully told stories about addicts. It's about truth, healing, survival, and hope."
—DAVID SHEFF, author of *Beautiful Boy: A Father's Journey Through His Son's Addiction*

America Anonymous is the unforgettable story of eight men and women from around the country—including a grandmother, a college student, a bodybuilder, and a housewife—who are struggling with addictions. For nearly three years, acclaimed journalist Benoit Denizet-Lewis immersed himself in their lives as they battled drug and alcohol abuse, overeating, and compulsive gambling and sexuality. Alternating with their stories is Denizet-Lewis's candid account of his own recovery from sexual addiction and his compelling examination of our culture of addiction.

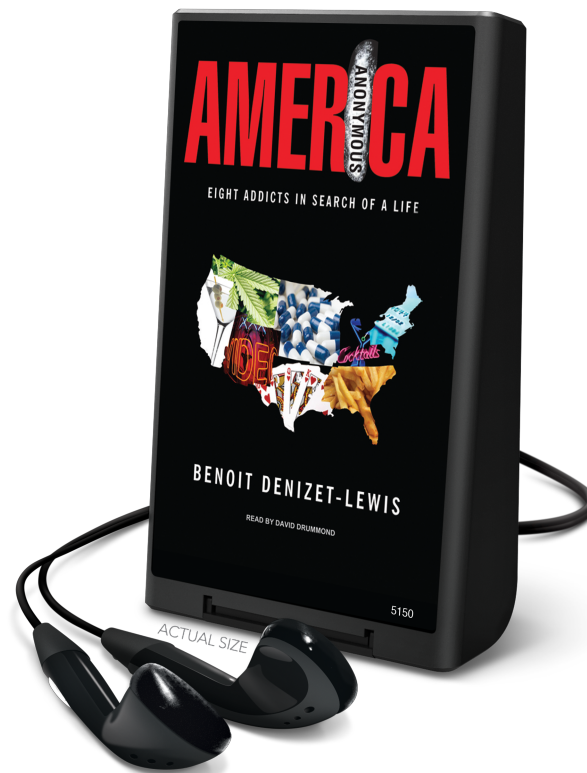
Are Americans more addicted than people in other countries, or does it just seem that way? Can food or sex be as addictive as alcohol and drugs? And will we ever be able to treat addiction with a pill? These are just a few of the questions Denizet-Lewis explores during his remarkable journey inside the lives of men and women struggling to become, or stay, sober. As the addicts in this book stumble, fall, and try again to make a different and better life, Denizet-Lewis records their struggles—and his own—with honesty and empathy.

Benoit Denizet-Lewis is an award-winning contributing writer for the *New York Times Magazine*. His work has also appeared in *Sports Illustrated*, *Details*, *Spin*, *Slate*, and other publications, and he has appeared on many television and radio programs, including *Good Morning America*. He lives in Boston, Massachusetts.

David Drummond has made his living as an actor for over twenty years, primarily in voice-overs. He won an *AudioFile* Earphones Award for his first audiobook, *Love 'Em or Lose 'Em* by Beverly Kaye and Sharon Jordan-Evans, and has also narrated *The Slave Ship* by Marcus Rediker and the *New York Times* bestseller *Kill Bin Laden* by Dalton Fury.

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THE ALL-IN-ONE AUDIOBOOK



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Running Time: 10 Hours
Unabridged

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ISBN 978-160775816-7



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