

Sophia Bush has always understood the power of stories.

She's seen it in the connection millions around the world have had to the women she's played on-screen—including Drs. Sam Griffith on *Good Sam* and Cass Beckman on *Grey's Anatomy*, Detective Erin Lindsay on *Chicago P.D.*, and, of course, the iconic, beloved Brooke Davis on *One Tree Hill*. She's seen it in her activism, where speaking truth to inequality and power has opened eyes and prompted real change. And she's seen it in her personal life, when her experiences and opinions have been distorted to drive clicks and create drama.

Stories are powerful. And now, for the first time, Sophia shares the ones that have most shaped her remarkable life and journey.

With unflinching honesty, she opens up about her childhood in Los Angeles and the unexpected road from journalism student to actor; the life-changing decade of *One Tree Hill*, when she navigated relationships on- and off-screen and fought for her character's integrity; the realities of marriage, divorce, and rebuilding; and her years in Chicago, where a dream job split her between two lives and taught her the power of walking away. She also offers sides of herself not often seen: the lifelong, curious learner, who looks to data and poetry alike for answers to life's questions. The friend, who finds community and chosen family in unexpected places. The adventurer, who hops on a last-minute flight to attend a dance party at the White House and makes the most of vacations gone horribly, hilariously wrong. And so many more.

Witty, wise, and at turns both personal and universal, *And I Will Tell You Mine* is a powerful, soul-stirring account of becoming, un-becoming, and becoming again; embracing the light when the world feels overwhelmingly dark; and finally, joyously, returning home to our truest selves.

SOPHIA BUSH is an acclaimed actor, producer, activist, entrepreneur, and investor. She is a member of the Directors Guild of America and has starred in an impressive range of television and film projects, including *John Tucker Must Die*, *Incredibles 2*, the CW's hit series *One Tree Hill*, and Dick Wolf's NBC hit series *Chicago P.D.* Bush also starred in and served as a producer on the television series *Good Sam* for CBS. Most recently, she joined the cast of *Grey's Anatomy* in the recurring role of Dr. Cass Beckman. Since 2019, she has been the host of the popular podcast *Work in Progress with Sophia Bush*. She was a cohost of the podcast *Drama Queens* alongside Hilarie Burton Morgan, Robert Buckley, and Bethany Joy Lenz from 2021 to 2025. Beyond entertainment, Sophia is a dedicated activist and philanthropist, with a large focus on female empowerment causes. She is a general partner and investor in Union Heritage Ventures, a majority African American- and woman-owned venture capital firm, and is an adviser for Fashionkind and the First Women's Bank. Sophia cofounded and sits on the board of I Am a Voter and is a partial owner of Angel City FC. *And I Will Tell You Mine* is her first book.

READ BY THE AUTHOR



Runtime: 9h. 43m. • Unabridged

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