

Ever since Sean's death, Case's anxiety has been spiraling. Sean wasn't just his older brother—he was also Case's best friend. The only person who really got him.

When his parents suggest Adventure Therapy, Case is desperate enough to agree. Maybe roughing it in the woods with a group of anxious strangers will help him find a way forward. After he boards the bus, however, he sees the one person he's been trying to avoid: Diana. Sean's girlfriend.

Once they set off, there is the expected cringey singing and forced sharing. But when their counselor mysteriously disappears, the trip suddenly turns into a journey of survival. This group of kids, with nothing in common but their prescriptions and lack of social skills, will have to band together to make it back home. In the process, they will change each other's lives forever.

From the award-winning author Peter Bognanni comes a profound, surprising, and hopeful novel about grief and love.

Peter Bognanni's first novel, *The House of Tomorrow*, won the *Los Angeles Times* Book Prize for First Fiction and an Alex Award and was adapted into a feature film starring Ellen Burstyn and Nick Offerman. His second novel, *Things I'm Seeing Without You*, was published in four countries and is currently in development for television. Peter teaches creative writing at Macalester College.

Read by Zach Barela



Runtime: 9h. 33m. • Unabridged

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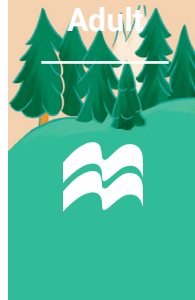


AUDIO

BOGNANNI

How to Lose Yourself Completely

Adult



PLAYAWAY
THE ALL-IN-ONE AUDIOBOOK

