

In *The Heart Code*, bestselling author Dr. Bradley Nelson and his wife, Jean, build on the life-changing principles of *The Emotion Code* to reveal the most important discovery in energy medicine: Heart-Walls, energetic barriers formed by past emotional pain that silently sabotage our lives.

Drawing on years of clinical experience and thousands of powerful healing stories from around the world, Dr. Nelson and Jean offer a deeper look into this protective mechanism of the subconscious and how it may be quietly blocking:

- your relationships and ability to love fully
- your physical and emotional health
- your financial success and abundance
- your spiritual connection and sense of purpose

Through accessible techniques including muscle testing and step-by-step guidance, *The Heart Code* empowers you to identify and release the emotional walls around your heart—freeing you to experience vibrant health, deeper love, and true abundance. More than individual healing, this groundbreaking work envisions humanity itself transforming as hearts open worldwide. This is your invitation to open your heart, heal from within, and step fully into the life you were meant to live.

Veteran holistic physician **DR. BRADLEY NELSON** and **JEAN NELSON** are among the world's foremost experts on natural methods of achieving wellness. Together, they are the creators of the Emotion Code, the Body Code, the Belief Code, and the Heart Code. Jean's intuitive wisdom and spiritual sensitivity have been instrumental in shaping these revolutionary healing methods, including her pivotal dream that led to the discovery of the Heart-Wall. They are the founders of Discover Healing, a holistic education platform that provides training and certifies practitioners worldwide. For more information, visit DiscoverHealing.com.

READ BY THE AUTHORS AND A FULL CAST



Runtime: 9h. 45m. • Unabridged

© 2025 Bradley Nelson © 2025 by Macmillan Audio, 120 Broadway, New York, NY 10271. Jacket design by Young Jin Lim. Jacket art: Discover Healing Logo Provided by Discover Healing; Heart © Technical Tiger/ Shutterstock. www.macmillanaudio.com

playaway
PRODUCTS

© 2025 Playaway. Patented.
All rights reserved.
31999 Aurora Road, Solon, OH 44139 USA
Designed in Ohio. Made in China.
www.playaway.com

The Playaway format is recommended for children ages 5 and up.



AUDIO

DR. BRADLEY
NELSON

THE HEART CODE

THE
BREAKTHROUGH
METHOD TO OPEN
YOUR HEART AND
TRANSFORM
YOUR LIFE

Adult



PLAYAWAY
THE ALL-IN-ONE AUDIOBOOK

