

There are lots of experts out there who will tell you they have the magic recipe to raising perfect humans. Gwenna Laithland is not one of them. She's one of us: frustrated, overwhelmed, and exhausted. Her relatable representation of parenthood validates our experiences. In *Momma Cusses*, Gwenna uses her signature style of snark and sarcasm to explain her interpretation of responsive parenting vs. reactive parenting and outline the steps she takes to raise her kids. Whether you are a parent or someone who has had a parent, we all need to learn how to handle our emotional spirals responsively.

Now we can all be in it together by tackling some of the hilarious yet all-too-real scenarios Gwenna outlines in her book, including:

YOU WILL LOSE YOUR SH*T
Mom Guilt vs. Mom Shame

**ARE YOU YELLING OR
ARE YOU JUST BEING LOUD?**
Get in control of your emotions

THE BIG FEELS LOOP-DE-LOO
Get in control of their emotions

Accessible, digestible, and rooted in reality, *Momma Cusses* helps listeners navigate family dynamics and cultivate emotional resilience for everyone.

READ BY THE AUTHOR
FOREWORD READ BY ABBI LAITHLAND



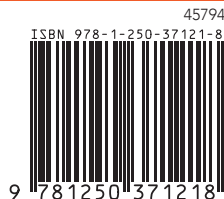
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The Playaway format is recommended for children ages 5 and up.



AUDIO

Momma Cusses

GWENNA LAITHLAND

Adult



PLAYAWAY
THE ALL-IN-ONE AUDIOBOOK

