

HOST OF THE POPULAR MILLENNIAL focused podcast *Be There in Five*, Kate Kennedy takes us on a nostalgic pop-culture tour through the millennial zeitgeist in *One in a Millennial*. Part funny, part serious, Kate navigates the complicated nature of celebrating and criticizing the culture that shaped her as a woman (for better or worse), while arguing that great depths can come from surface-level interests.

With Kate's trademark style and vulnerability, this unapologetically honest and heartwarming story tackles many millennial hot topics, including AOL Instant Messenger, purity culture, American Girl dolls, going-out tops, Spice Girl feminism, feelings about millennial motherhood, and more. Kate's laugh-out-loud asides and keen observations will have you nodding your head and maybe even tearing up.

KATE KENNEDY is a Chicago-based millennial multihyphenate, author, entrepreneur, and popculture commentator, best known for hosting her weekly podcast, *Be There in Five*. Kennedy has a marketing degree from the Pamplin School of Business at Virginia Tech and, prior to starting her podcast, was an Ogilvy Award-nominated market researcher turned accidental business owner. Kate's life changed when she decided to paint turn off your curling iron on her doormat so she wouldn't burn her apartment down. Her "remindoomats" captured the zeitgeist, sold thousands, and were featured in *Glamour*, *Good Housekeeping*, *Real Simple*, *HuffPost*, *BuzzFeed*, *Self*, and *Martha Stewart Living*. *Be There in Five* has since expanded from a product line to a podcast with millions of downloads and has resulted in soldout shows across the country. Kate's career and commentary have been featured in *People*, *HuffPost*, *The New York Times*, *BuzzFeed*, and *The Washington Post*.

READ BY THE AUTHOR



Runtime: 9h. 26m. • Unabridged

© 2024 Kate Kennedy © 2024 by Macmillan Audio, 120 Broadway, New York, NY 10271. Jacket design by Olga Grlic. Handwriting on CD by Kate Kennedy; CD © elegeyda / Shutterstock.com. www.macmillanaudio.com

playaway
PRODUCTS

© 2024 Playaway. Patented.
All rights reserved.
31999 Aurora Road, Solon, OH 44139 USA
Designed in Ohio. Made in China.
www.playaway.com

The Playaway format is recommended for children ages 5 and up.

45546
ISBN 978-1-250-36510-1



9 781250 365101



AUDIO

one in a millennial



kate kennedy

Adult



PLAYAWAY
THE ALL-IN-ONE AUDIOBOOK

