

SOON TO BE A MAJOR MOTION
PICTURE STARRING DAISY RIDLEY

The exhilarating true story of Trudy Ederle, the first woman to swim the English Channel and inspire a “wave of confidence and emancipation” (*Parade*) for women in sports

By age twenty, at the height of the Jazz Age, Trudy Ederle was the most accomplished swimmer in the world. She'd won Olympic gold and set a host of world records. But the greatest challenge remained: the English Channel. Only a few swimmers, none of them women, had ever made the treacherous twenty-one mile crossing. Trudy's failed first attempt seemed to confirm what many naysayers believed: no woman could possibly accomplish such a thing.

In 1926, Ederle proved them wrong. As her German immigrant parents cheered her, and her sister and fellow swimmer, Meg, helped fashion both her scandalous two-piece swimsuit and leak-proof goggles, Trudy was determined to succeed. “England or drown” is my motto,” she said, plunging into the frigid Channel for her second attempt at the crossing. Fourteen hours later, two hours faster than any man, and after weathering a gale and waves that approached six feet, she stepped onto Kingsdown Beach as the most famous woman in the world.

Based on years of archival research that unearthed Ederle's memory from obscurity, *Young Woman and the Sea* brings to life the real Trudy Ederle, the challenges that came with her fame, and the historic mark her achievement made for all women athletes who followed.

GLENN STOUT is a writer, author, and editor and served as series editor of *The Best American Sports Writing* and founding editor of *The Year's Best Sports Writing*. He is also the author of *Tiger Girl and the Candy Kid*, *Fenway 1912*, *Nine Months at Ground Zero*, and many other award-winning and bestselling books. He served as a consultant on the Disney+ film adaptation of *Young Woman and the Sea*. Stout lives on Lake Champlain in Vermont.

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