

OVERCOMING VIRAL INFECTION

GUIDED IMAGERY FOR A BALANCED IMMUNE RESPONSE

BY EMMETT MILLER, MD

This guided imagery and affirmations audio program is designed to help the body recover from viral infection in a safe, balanced way, without triggering unnecessary aggression or inflammation from the body's immune system. Updated and revised to include new information from virology and immunology studies of the action of coronaviruses such as COVID-19 and similar strains, this meditation offers an imaginal blueprint for healthy recovery without complication. A separate track provides affirmations that can be played any time, even while driving.

Groundbreaking guided imagery pioneer Emmett Miller MD guides listeners to a state of deep relaxation and open-heartedness, where the full genius of the body's immune system is called forth and imagined in rich sensory and metaphoric detail. Fighter cells and suppressor cells achieve a healthy balance as the body heals, and a strong, loving and joyful future is foreseen and imagined as a path for mind, body, psyche and spirit to follow. (48 minutes)



Emmett Miller, MD, is one of Health Journeys' leading guided imagery and hypnosis pioneers, known for his masterful, hypnotic meditations that catalyze a deep receptivity to healing and wellness. His powerful, soothing voice and evocative, psychologically sophisticated language are considered Gold Standard in the field of integrative medicine.

This is not a substitute for medical treatment.
Do not use while driving a car or operating machinery.



Copyright Emmett Miller © 2020
Produced by Health Journeys © 2020
Music by Steven Mark Kohn

PLAYAWAY®

Playaway pre-loaded audiobooks are the best way to listen, unplugged and uninterrupted.

WWW.PLAYAWAY.COM
© 2021 Playaway. Patented. All rights reserved.
Designed in Ohio. Made in China.



LIGHT

PLAYAWAY® and associated logos are registered trademarks of Findaway World, LLC.
31999 Aurora Road, Solon, OH 44139 USA

PLAYAWAY®

OVERCOMING VIRAL INFECTION
GUIDED IMAGERY FOR A BALANCED IMMUNE RESPONSE
BY EMMETT MILLER, MD

healthjourneys™

PLAYAWAY®
THE ALL-IN-ONE AUDIOBOOK

