

THE POWERFUL MEMOIR FROM THE FOUNDER AND ACTIVIST BEHIND
ONE OF THE LARGEST CULTURAL EVENTS IN AMERICAN HISTORY,
THE 'ME TOO.' MOVEMENT

TARANA didn't always have the courage to say *me too*. As a child, she reeled from her sexual assault, believing she was responsible. Unable to confess what she thought of as her own sins for fear of shattering her family, she split in two. One side was the bright, intellectually curious third-generation Bronxite who was steeped in Black literature and power, and the other was the bad, shame-ridden girl who thought of herself as a dirty rule breaker, not as a victim or a survivor. She tucked one away behind a wall of pain and anger, which seemed to work...until it didn't.

Tarana fought to reunite her fractured self, through organizing, pursuing justice, and finding community. Here she shares her extensive work supporting and amplifying the power of Black and brown girls, and the devastating realization that to truly help these girls, she needed to help that scared, ashamed child still within her. It was her experience caring for Heaven, Diamond, and countless others that gave her the courage to embrace her own pain.

Unbound is the story of an inimitable woman's inner strength and perseverance, all in pursuit of bringing healing to her community and the world around her. At its essence, though, this story is about all of us—our possibility, our empathy, our power—and about the leader we each have inside.

TARANA BURKE has always been struck by a commitment to justice and equity. As the founder of the 'me too.' Movement and subsequent nonprofit, Burke works to dismantle the cycle of sexual violence and other systemic issues that disproportionately affect marginalized people. For more than three decades, she has worked at the intersection of racial justice, arts and culture, anti-violence, and gender equity. Her theory of empowerment through empathy is changing the way the world thinks about sexual violence, consent, and bodily autonomy and has galvanized millions of survivors and allies. She has received numerous accolades and awards, including *Time* magazine's Person of the Year (2017), *Time*'s 100 Most Influential People (2018), the Sydney Peace Prize (2019), and *USA Today*'s Women of the Decade in 2020. She is the coeditor of the *New York Times* bestseller *You Are Your Best Thing*.

READ BY THE AUTHOR



Running Time: Approx. 7 Hours • Unabridged

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