

MY FIRST COACH

GARY MYERS

READ BY PAUL RYDEN


FROM THE *NEW YORK TIMES* BESTSELLING AUTHOR OF *BRADY VS MANNING* AND DEAN OF FOOTBALL WRITERS—AN AUDIOBOOK THAT EXPLORES THE MANY INTERESTING FACETS OF NFL QUARTERBACKS AND THEIR RELATIONSHIPS WITH THEIR FATHERS.

Tom Brady's father is an estate planner. Jim Harbaugh's father had a long career as a college coach. Archie Manning played fourteen years in the NFL and never made the playoffs, but his sons Peyton and Eli won a combined four Super Bowls. Joe Montana is considered by many to be the greatest quarterback of all time, but his two sons bounced around college football with limited success. Jameis Winston's father supported his family working overnight highway construction in Alabama. Derek Carr's father moved the family to Houston after Derek's older brother, David, was drafted by the Texans.

MY FIRST COACH goes behind the scenes to explore the unique relationship between these and other quarterbacks and their fathers, as well as investigate various approaches to parenting through their stories. Can young athletes overcome helicopter parents? How did the kids with NFL aspirations deal with their fathers who'd already made it? What kind of pressure did they have to overcome? What kind of pressure did the father who succeeded put on his son to be an athlete? Would the expectations be lower and the results greater if the father was an attorney or a doctor? Was it better for the fathers to be overbearing, or borderline disinterested?

MY FIRST COACH tells the compelling, real-life stories of some of the country's most famous quarterbacks and how they took advantage of or overcame their relationships with their fathers.

GARY MYERS is the NFL columnist for the *New York Daily News*. He has authored three books: *The Catch*, a look at the iconic 1981 NFC Championship Game between the Cowboys and 49ers; *Coaching Confidential*, which details the pressures of being an NFL head coach; and the *New York Times* bestseller *Brady vs Manning*, an inside look at one of the greatest rivalries in NFL history. Myers has been covering the NFL since 1978. He was a member of the cast of HBO's *Inside the NFL* and the YES Network's *This Week in Football*. Currently the host of WFAN's "Chalk Talk," he is a voter for the Pro Football Hall of Fame and a former adjunct professor at Syracuse University.

 **hachette** AUDIO Playing time: 6.5 hrs • Unabridged

© 2017 by Gary Myers. All rights reserved. Hachette Book Group supports the right to free expression and the value of copyright. The purpose of copyright is to encourage writers and artists to produce the creative works that enrich our culture. The duplicating, uploading, and distribution of this book without permission is a theft of the author's intellectual property. If you would like permission to use material from the book (other than for review purposes), please contact permissions@hbgusa.com. Thank you for your support of the author's rights. © 2017 by Hachette Audio. All rights reserved. © 2017 by Hachette Audio (packaging elements only). A division of Hachette Book Group, 1290 Avenue of the Americas, New York, NY 10104. Manufactured in the U.S.A. Cover design by Gregg Kulick. Cover photographs: Tom Brady and father, Mannings and father © Sporting News/Icon SMI, Jim Harbaugh and father © Michael Zagaris/Contributor, Jameis Winston and father © Birmingham news file photo.

 **BLACKSTONE**

1-800-621-0182 • www.BlackstoneLibrary.com

PLAYAWAY®

Playaway pre-loaded audiobooks are the best way to listen, unplugged and uninterrupted.

WWW.PLAYAWAY.COM

© 2017 Playaway. Patented. All rights reserved. Designed in Ohio. Made in China.




hachette
AUDIO

PLAYAWAY®

NEW YORK TIMES
BESTSELLING
AUTHOR

MY FIRST COACH
INSPIRING STORIES OF NFL
QUARTERBACKS AND THEIR DADS

GARY MYERS

 hachette
AUDIO



PLAYAWAY®
THE ALL-IN-ONE AUDIOBOOK

PLAYAWAY® and associated logos are registered trademarks of Findaway World, LLC.
31999 Aurora Road, Solon, OH 44139 USA