

A GUIDED MEDITATION FOR
**OPTIMIZING
CHEMOTHERAPY**

BY EMMETT MILLER, MD

This potent combination of guided imagery, self-hypnosis and affirmations offers three tracks, impeccably designed to enhance and inspire the natural, healing capacity of the body. Track 1 evokes a powerful, all-purpose, deeply relaxed, receptive, healing state. Track 2 is a deepening of the relaxation, guiding the listener to envision the focused, energized, cleansing power of the immune system, deploying vigilant, committed, white blood cells to identify, engulf and remove weakened cancer cells, resulting in a maximally healthy, functioning body. And Track 3 encourages the listener to align with and maximize the effectiveness of chemotherapy. Listen frequently before, during and between treatments. (48 minutes)

"The thoughts that pass through your mind create internal images that, to your body and nervous system, are indistinguishable from actual physical reality. Create a positive inner image (of your body, health, or performance), and the deeper levels of your mind (subconscious) make it come true!"

Emmett Miller MD



Emmett Miller, MD, is one of Health Journeys' leading guided imagery and hypnosis pioneers, known for his masterful, hypnotic meditations that catalyze a deep receptivity to healing and wellness. His powerful, soothing voice and evocative, psychologically sophisticated language are considered Gold Standard in the field of integrative medicine.

This is not a substitute for medical treatment.
Do not use while driving a car or operating machinery.

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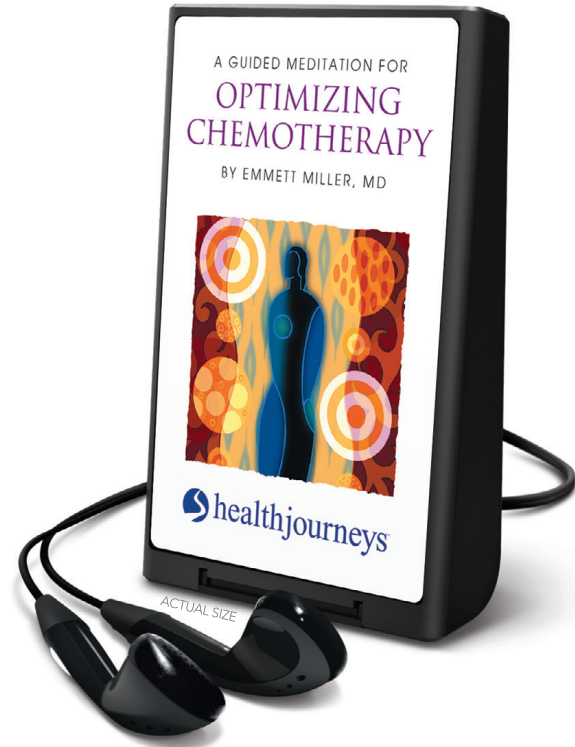
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