

# FURIOUSLY HAPPY



JENNY  
LAWSON

**“As both author and narrator...Jenny Lawson employs a unique style that is both funny and off-kilter...The next Tina Fey has arrived.”**

**—AudioFile on *Let's Pretend This Never Happened***

In **FURIOUSLY HAPPY**, #1 *New York Times* bestselling author Jenny Lawson explores her lifelong battle with mental illness. A hysterical, ridiculous book about crippling depression and anxiety? That sounds like a *terrible* idea.

But terrible ideas are what Jenny does best.

As Jenny says, “Some people might think that being ‘furiously happy’ is just an excuse to be stupid and irresponsible and invite a herd of kangaroos over to your house without telling your husband first because you suspect he would say no since he’s never particularly liked kangaroos. Two is the limit. I speak from personal experience. My husband says that ‘none’ is the new limit. I say he should have been clearer about that before I rented all those kangaroos.”

“Most of my favorite people are dangerously fucked up but you’d never guess because we’ve learned to bare it so honestly that it becomes the new normal. Like John Hughes wrote in *The Breakfast Club*, ‘We’re all pretty bizarre. Some of us are just better at hiding it.’ Except go back and cross out the word ‘hiding.’”

*Furiously Happy* is a book about embracing everything that makes us who we are—the beautiful and the flawed—and then using it to find joy in fantastic and outrageous ways. Because, as Jenny’s mom says, “Maybe ‘crazy’ isn’t so bad after all.” Sometimes crazy is just right.

**JENNY LAWSON**, The Bloggess, is an award-winning humor writer known for her great candor in sharing her struggle with depression and mental illness. Her first book, *Let's Pretend This Never Happened*, was a #1 *New York Times* bestseller. Visit her Web site at [TheBloggess.com](http://TheBloggess.com).

READ BY THE AUTHOR



Running Time: Approx. 8.5 Hours • Unabridged

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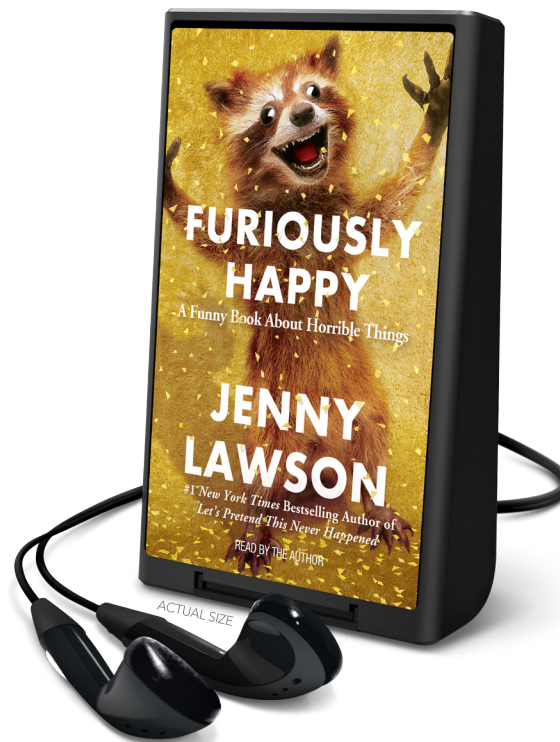
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