

THE WARRIOR WITHIN JOHN LITTLE

READ BY FEODOR CHIN

During his lifetime, legendary martial artist Bruce Lee formulated a complex personal philosophy—a synthesis of Eastern and Western ideals—that extolled the virtues of knowledge and total mastery of one's self. Most of his philosophical writings could be found only within the personal library of the Bruce Lee estate ... until John Little was given permission to publish them for the wider world. *The Warrior Within* is the most comprehensive volume of these teachings, meant to help you apply Lee's philosophies to your own life. This unique guide reveals such life-affirming secrets as how to see the totality of life and put things into perspective, understand the concept of Yin and Yang, defeat adversity by adapting to circumstances, and tap into inner spiritual forces to help shape the future.

The Warrior Within is an engrossing and easy-to-understand guide to the little-explored world of Bruce Lee.

"Compelling and interesting."
—*Library Journal*

"[John Little] is one of the foremost authorities on Bruce Lee in the world."
—*Black Belt magazine*

JOHN LITTLE is considered to be one of the world's foremost authorities on Bruce Lee and Will Durant. He's the only person who has ever been authorized to review the entirety of Lee's personal notes, sketches, and reading annotations, giving him an insider's look at Lee's training methods and philosophies.

FEODOR CHIN was classically trained at the American Conservatory theater and UCLA. His acting career includes numerous credits in film, television, theater, and voice-over. He received an AudioFile Earphones Award for his narration of *The Snakehead* by Patrick Radden Keefe. For more information please visit FeodorChin.com.

Running Time: 7 Hours • Unabridged

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