

The author of the bestselling *French Women Don't Get Fat* shares the secrets and strategies of aging with attitude, joy, and without surgery.

French Women Don't Get Facelifts

MIREILLE GUILIANO

READ BY THE AUTHOR

With her signature blend of wit, no-nonsense advice, and storytelling flair, Mireille Guiliano returns with a delightful and encouraging take on looking and feeling your best at any age. She offers priceless advice and inspiration on fashion, skincare, makeup, health, exercise, food, humor, sex, and even facelifts! But this is not advice you'll find just anywhere: these are a French woman's most guarded beauty and lifestyle secrets.

For any woman who has ever spent the equivalent of a mortgage payment on anti-aging lotions, accidentally dressed inappropriately for her age, gained a little too much in the middle, or forgotten how to flirt, this is the book for you!

MIREILLE GUILIANO is the author of *French Women Don't Get Fat: The Secret of Eating for Pleasure*, the #1 *New York Times* bestseller, which has been translated into thirty-seven languages. A former chief executive at LVMH (Clicquot Inc.), Guiliano is "the high priestess of French lady wisdom" (*USA Today*) and "ambassador of France and its art of living" (*Le Figaro*). She has appeared on nearly every major talk and news show and has been profiled in the *New York Times*, *USA Today*, *TIME*, *Newsweek*, *People*, *Businessweek*, *Travel & Leisure*, *Food & Wine*, and dozens of other publications. Guiliano is also the author of *French Women for All Seasons*; *Women, Work & The Art of Savoir Faire*; and *The French Women Don't Get Fat Cookbook*. Born in France, she now divides her time between New York City, Paris, and Provence.



Running Time: Approx. 7.5 Hours • Unabridged

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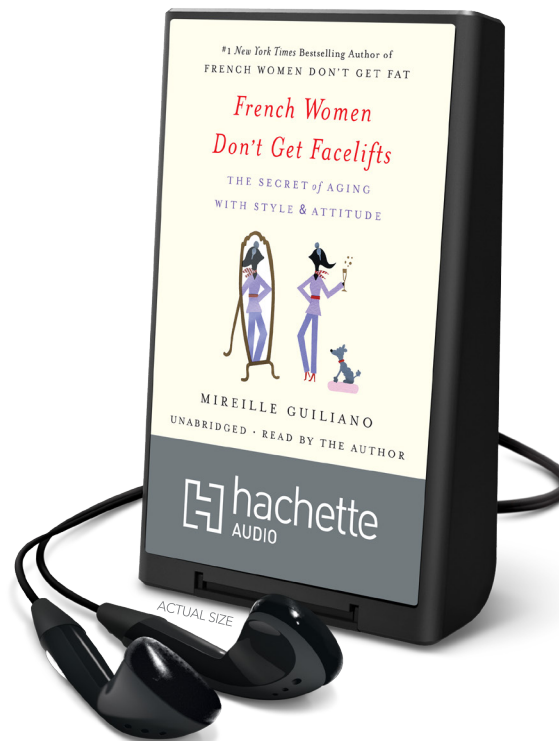
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French Women Don't Get Facelifts
THE SECRET OF AGING WITH STYLE & ATTITUDE

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