

THE TRIDENT

JASON REDMAN

WITH JOHN R. BRUNING

Decorated US Navy SEAL lieutenant Jason Redman served his country courageously and with distinction in Colombia, Peru, Afghanistan, and Iraq, where he commanded mobility and assault forces. He conducted over forty capture kill missions with his men in Iraq, locating more than 120 al-Qaida insurgents. But his journey was not without supreme challenges— both emotional and physical. Redman is brutally honest about his struggles to learn how to be an effective leader, yet that effort pales beside the story of his critical wounding in 2007 while leading a mission against a key al-Qaida commander. On that mission his team was ambushed and he was struck by machine-gun fire at point-blank range.

During the intense recovery period that followed, Redman gained national attention when he posted a sign on his door at the National Naval Medical Center in Bethesda, warning all who entered not to “feel sorry for [his] wounds.” His sign became both a statement and a symbol for wounded warriors everywhere.

From his grueling SEAL training to his search for a balance between arrogance and humility, Redman shares it all in this inspiring and unforgettable account. He speaks candidly of the grit that sustained him despite grievous wounds, and of the extraordinary love and devotion of his wife, Erica, and his family, without whom he would not have survived.

Vivid and powerful, emotionally resonant and illuminating, *The Trident* traces the evolution of a modern warrior, husband, and father, a man who has come to embody the never-say-die spirit that defines the SEALs, one of America’s elite fighting forces.

JASON REDMAN is a former lieutenant who spent eleven years as an enlisted navy SEAL, and almost ten years as a SEAL officer. He was awarded the Bronze Star Medal with Valor, the Purple Heart, the Defense Meritorious Service Medal, the Navy Commendation Medal, the Joint Service Achievement Medal, five Navy Achievement Medals, and two Combat Action Ribbons. After being severely wounded in Iraq in 2007, Redman returned to active duty before ultimately retiring in 2013. He is the founder of Wounded Wear, a nonprofit corporation that helps warriors rediscover the hero within through clothing, events, and opportunities, and he speaks about motivation and leadership across the country. He lives with his family in Virginia.

READ BY ERIK BERGMANN

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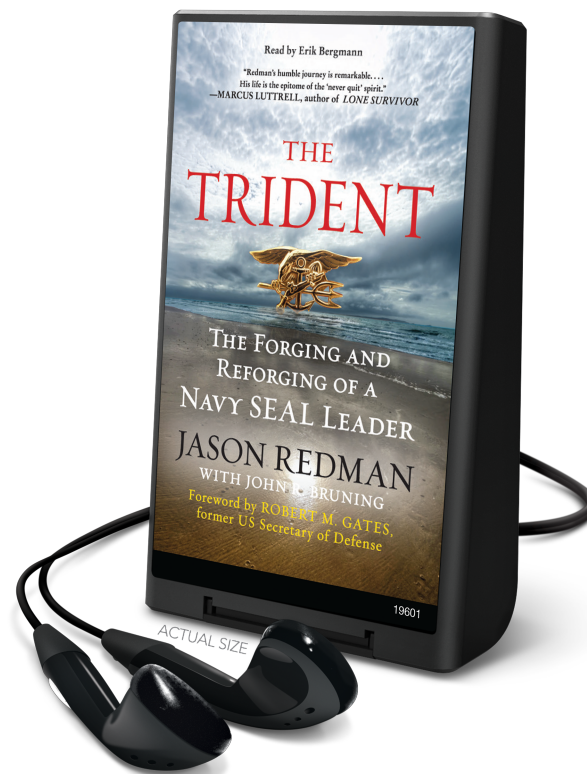
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