

Healthy Living Module

Independence Pack, 2nd edition - Ages 10+



LIFE SKILLS
ACADEMY



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ACADEMY

launchpad
academy

GUIDED LEARNING TABLETS

The apps, storybooks,
and videos within this
pack include:



My Dentist Game



Operation:
Classic Board Game



Refreshing
Smoothie



Supermarket
Kitchen



Supermarket
Simulator



Environment &
Our Health



Koeppen
Relaxation II



Make It:
Roasted Vegetable



Make It:
Snowy Fruit Salad



Personal Hygiene

Dynamic Thinking

Building Community

Emotional Awareness

Healthy Living

The goal of the Healthy Living
Module is to help kids build
positive habits, encourage
independence and confidence.

TOPICS IN THIS MODULE INCLUDE:

- Hygiene and routines
- Nutrition and exercise
- Mindfulness
- Environmental awareness

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playaway
PRODUCTS

WARNING:
CHOKING HAZARD - Small parts.
Not for children under 3 years.

CAUTION-ELECTRONICALLY OPERATED PRODUCT
The Launchpad format is recommended for children ages 3+ Adult Supervision Recommended. As with
all electric products, precautions should be observed during handling and use to prevent electric shock.

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Learning Apps. Storybooks. Videos.

Launchpad Life Skills Academy is designed to help kids gain the
knowledge and mindset to promote both personal and academic
development. Kids will cultivate the necessary social and
emotional skills to prepare them for whatever comes next.