

Healthy Living Module

Self-Care Pack, 2nd edition - Ages 3+



LIFE SKILLS ACADEMY



LIFE SKILLS ACADEMY

launchpad academy

GUIDED LEARNING TABLETS

The apps, storybooks, and videos within this pack include:



Duckie Deck Gotta Go



Duckie Deck With Teeth



Goodnight Mo: Interactive 3D eBook



My Baby Care 2



Wake Up Mo



Bath Time Song for Kids



The Bathroom



The Bedroom



Brush Your Teeth to This Song!



Eat Your Veggies



How to Wash Your Hands



The Living Room

Dynamic Thinking

Building Community

Emotional Awareness

Healthy Living

The goal of the Healthy Living Module is to help kids build positive habits, encourage independence and confidence.

TOPICS IN THIS MODULE INCLUDE:

- Hygiene & routines
- Nutrition & exercise
- Mindfulness
- Environmental awareness

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LIFE SKILLS ACADEMY

Learning Apps. Storybooks. Videos.

Launchpad Life Skills Academy is designed to help kids gain the knowledge and mindset to promote both personal and academic development. Kids will cultivate the necessary social and emotional skills to prepare them for whatever comes next.

playaway PRODUCTS

WARNING:
CHOKING HAZARD - Small parts.
Not for children under 3 years.

CAUTION-ELECTRONICALLY OPERATED PRODUCT
The Launchpad format is recommended for children ages 3+ Adult Supervision Recommended. As with all electric products, precautions should be observed during handling and use to prevent electric shock.

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