

Healthy Living Module

Restful Pack - Ages 5+



LIFE SKILLS
ACADEMY



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ACADEMY

launchpad
academy

GUIDED LEARNING TABLETS

The apps, storybooks, and videos within this pack include:



Abuelita's House



Goodnight Mo:
Interactive 3D
eBook



Jonty the
Dinosaur's Bedtime



My Llama's
Pajamas



Sleeping Beauty



Time for Sleep



5 Little Puppies



Are You
Sleeping?



Goodnight
Exomoon



Go To Sleep
With Woofee



Sleep Song



Twinkle Twinkle
Little Star

Dynamic Thinking

Building Community

Emotional Awareness

Healthy Living

The goal of the Healthy Living Module is to help kids build positive habits, encourage independence and confidence.

TOPICS IN THIS MODULE INCLUDE:

- Hygiene and routines
- Nutrition and exercise
- Mindfulness
- Environmental awareness

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LIFE SKILLS
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Learning Apps. Storybooks. Videos.

Launchpad Life Skills Academy is designed to help kids gain the knowledge and mindset to promote both personal and academic development. Kids will cultivate the necessary social and emotional skills to prepare them for whatever comes next.

playaway
PRODUCTS

WARNING:
CHOKING HAZARD - Small parts.
Not for children under 3 years.

CAUTION-ELECTRONICALLY OPERATED PRODUCT
The Launchpad format is recommended for children ages 3+ Adult Supervision Recommended. As with all electric products, precautions should be observed during handling and use to prevent electric shock.

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